

Les Schofferman, MD

Education

Undergraduate

Rutgers State University
New Brunswick, New Jersey
Degree: Bachelor of Arts
1964 to 1968

Post Baccalaureate

Graduate School of Physiology
Rutgers University
New Brunswick, New Jersey
1969 to 1970

Medical School

Wake Forest University
Winston-Salem, North Carolina
Degree: Doctor of Medicine
1970 to 1974

Professional Training

Residency

Internal Medicine
Baptist Hospital
Wake Forrest University
1974 to 1978

Current Practice

Pain Management, Spine-related Disorders

One Daniel Burnham Court, Suite 365C
San Francisco, CA 94109
(415) (415) 931-1268
FAX (415) 409-0736

Marin Spine and Sports
835 Fifth Avenue, Suite C
San Rafael, CA 94901
(415) 721-0896

Professional Experience

Emergency Physician

Private Practice, 1977 to 1986

Medical Director of Emergency

Medical Services for Davidson County, North Carolina, 1982 to 1986

Board Member, Regional Advisory

Board of State Emergency Medical Services North Carolina, 1982 to 1986

Private Practice Physician

Internal Medicine, Spine Pain Rehabilitation, San Francisco, California,
1986 to 1988

Consultant St. Mary's Spine Center, San Francisco, California, 1986-1988

Partner and co-founder SpineCare Medical Group, Daly City, California, 1988 to 1990

Private Practice Pain Medicine and Spine Disorders 1986-present

Certifications And Societies

- Medical Licensure, State of California
- Diplomate American Board of Internal Medicine, 1977
- QME (Qualified Medical Examiner)
Industrial Medical Council, California, 1992-present
- Diplomate American Board of Pain Medicine, 1998
- Member American Academy of Pain Medicine

Publications

- Schofferman L, Schofferman J, Zucherman J, Gunthorpe H, Hsu K, Picetti G, Goldthwaite N, White AH: Occult infections causing low back pain. *Spine* 14(4):417-423, April, 1989
- Schofferman L, Schofferman J, Zucherman J, Hsu K, White AH, Picetti G, Goldthwaite N: Experience with occult infections of the lumbar spine. *Orthopaedic Transactions* 13(1):18, Spring, 1989
- Schofferman J, Schofferman L, Zucherman J, Hsu K, White AH: Metabolic bone disease in lumbar pseudoarthrosis. *Spine* 15(7):687-689, July, 1990
- Schofferman L, Zucherman J, Schofferman J, Hsu K, Gunthorpe H, Picetti G, Goldthwaite N, White AH: Diphtheroids and associated infections as a cause of failed instrument stabilization procedures in the lumbar spine. *Spine* (In Press.)

Original Research Presentations

- Schofferman L, Schofferman J, Zucherman J, Gunthorpe H, Hsu K, Picetti G, Goldthwaite N, White AH: *Occult infections causing low back pain and failed back surgery syndrome*. Presented at the International Society for the Study of the Lumbar Spine Annual Meeting, Miami, Florida, April, 1988.
- Schofferman L, Schofferman J, Zucherman J, Gunthorpe H, Hsu K, Picetti G, Goldthwaite N, White AH: *Occult infections of the lumbar spine*. Presented at the North American Spine Society Annual Meeting, Colorado Springs, Colorado, July, 1988. Published in *Orthopaedic Update* .
- Schofferman J, Zucherman J, Schofferman L: *Metabolic bone disease in lumbar pseudoarthrosis*. Presented at the International Society for the Study of the Lumbar Spine Annual Meeting, Kyoto, Japan, May, 1989.
- *The Natural History of Low Back Pain and Importance of Developmental Factors*. Presented at the International Society for the Study of the Lumbar Spine Annual Meeting, Kyoto, Japan, May, 1989.
- Schofferman J, Schofferman L, Zucherman J: *Failure of intravenous oral colchicine to relieve low back pain*. Abstract and presentation, North American Spine Society, Monterey, California, August 8-11, 1990.
- Schofferman J, Keane G, Schofferman L, White A: *Failure of methylmethacrylate (MET) cervical anterior interbody fusion (CAIF) for degenerative disc disease*. Abstract and poster, North American Spine Society, Monterey, California, August 8-11, 1990.
- Smith G, Schofferman J, Schofferman L, Pletz J, Reynolds J, Goldthwaite N, White A: *Preoperative Desmopressin (DES) does not decrease perioperative blood loss in two level laminectomy and discectomy*. Abstract and poster, North American Spine Society, Monterey, California, August 8-11, 1990.

Lectures and Presentations

- Faculty and Moderator, Challenge of the Lumbar Spine, Perspectives on Pain, San Francisco, California, November 2-5, 1989:
 - Presentations:
 - Visceral Aspects of Low Back Pain
 - Issue of Responsibility in Chronic Back Pain
 - Moderator:
 - Existential Analysis of Pain.
- SpineCare Medical Group's Educational Seminars, Managing Worker's Injuries Involving Low Back Pain, Daly City, California, November, 1989:
 - Presentation: Learning to Live and Work with Chronic Pain
- CHART Rehabilitation, San Leandro, California, February 15, 1990:
 - Presentation: Management of Chronic Pain.
- Hemlock Society of San Francisco, October 21, 1991
 - Presentation: How well can chronic pain be controlled?
- American Back Society (ABS) Faculty Presentation, San Francisco, California, December 11-15, 1991
 - Presentation: An overview of Chronic Pain Management
- Life West Chiropractic College, San Leandro, California, September 12, 1992
 - Presentation: Advanced Diagnostic Testing in Axial Skeletal Pain
- North Bay Workers' Compensation Association, October 23, 1992
 - Presentation: Medical Problems Presenting as Orthopaedic Back Pain
- Davies Medical Center, November 10, 1992
 - Presentation: Post Operative Pain Management in Previously Addicted Patients
- Davies Medical Center, February 19, 1993
 - Combined Medical-Surgical Grand Rounds
 - Presentation: Spinal Pain, Diagnosis and Management
- Northbay Worker's Compensation Association, May 10, 1994 and Diablo Valley Worker's Compensation Association, October 20, 1994
 - Presentation: Medication Abuse in the worker's compensation system
- HealthSouth, Daly City California, November 1995
 - Presentation: Management of the Chronic Pain Patient in the Physical Therapy Environment
- NorthBay Workers Compensation Association, January 1, 1999
 - Presentation: Fibromyalgia
- NorthBay Worker's compensation Association CME course September, 26, 2000
 - Presentation: Reasonable Treatment of Low Back Pain in a Worker's Compensation Setting

